

Rome Travel Guide - @trastevere.rome

How to eat like a local

To eat like a local, the best choice is **our food tour**.

"Top Rome Street Food" is the best one you can find in Rome perfect for discovering authentic flavours while walking along Rome's streets.

Why choose our tour?

- **Authentic dishes:** Taste Carbonara, gelato and pizza in local favourite spot
- **Tours of all kinds:** Local Market Tour - Street Food Tour - Wine Tour...
- **Expert guides:** Their guides are real Romans who know everything about the city's food culture and will share hidden gems and stories few others know.
- **A Lot of Food:** You'll eat more than you can handle, the food is amazing, and you'll have lots of fun!

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Ask us on Instagram, and we'll send you an exclusive **discount code!** 🎁



Must - Visit Attractions

1. **Colosseum:** The iconic amphitheater, perfect for a walk through history.
2. **Vatican Museums:** Home to the Sistine Chapel and an extensive collection of art.
3. **St. Peter's Basilica:** The heart of Vatican City and one of the largest churches in the world.
4. **Trevi Fountain:** Toss a coin for good luck in this beautiful Baroque fountain.
5. **Pantheon:** A former Roman temple, now a church, with a stunning oculus.



Hidden Gems

1. **Aventine Keyhole:** Peek through this tiny keyhole for a unique view of St. Peter's Dome.
2. **Villa Doria Pamphili:** Rome's largest landscaped public park, perfect for a peaceful retreat.
3. **Coppedè District:** A hidden architectural gem filled with whimsical Art Nouveau buildings.
4. **Protestant Cemetery:** A tranquil cemetery, home to the graves of famous poets like Keats.
5. **The Orange Garden** (Giardino degli Aranci): Offers breathtaking views over Rome.



Best Restaurants

1. **La Pergola:** Rome's only 3-Michelin star restaurant with a spectacular view.
2. **Trattoria Da Enzo al 29:** For an authentic Roman dining experience with local dishes like Cacio e Pepe.
3. **Roscioli:** A deli-turned-restaurant with the best carbonara in town.
4. **Osteria Bonelli:** A hidden gem for locals offering hearty, traditional dishes.
5. **Pizzarium:** Renowned for gourmet pizza by the slice.



Accommodation Ideas

1. **Hotel de Russie:** A luxury hotel with beautiful gardens and a central location near Piazza del Popolo.
2. **Rome Cavalieri:** Set on a hilltop with panoramic views and a Michelin-starred restaurant.
3. **Borgo Pio Suites Inn:** Cozy accommodations near the Vatican, perfect for travelers looking for charm.
4. **The Beehive Hostel:** A great budget-friendly option with clean, minimalist rooms.
5. **Airbnb options in Trastevere:** Immerse yourself in Rome's lively local atmosphere.



Italian Foods to Try

1. **Carbonara:** Made with eggs, pecorino cheese, pancetta, and pepper.
2. **Amatriciana:** A tomato-based pasta with guanciale and pecorino.
3. **Carciofi alla Romana:** Roman-style artichokes cooked with garlic, mint, and olive oil.
4. **Suppli:** Deep-fried rice balls filled with mozzarella.
5. **Gelato:** Don't miss sampling this creamy Italian ice cream at one of the many gelaterias.



Rome Weather Guide

1. **Spring** (March-May): Mild weather, perfect for sightseeing with temperatures ranging between 15-20°C (59-68°F).
2. **Summer** (June-August): Hot and sunny, with temperatures often exceeding 30°C (86°F). Ideal for
3. **Autumn** (September-November): Cooler temperatures with a pleasant breeze, ranging between 20-25°C (68-77°F).
4. **Winter** (December-February): Generally mild but rainy, with temperatures around 10-15°C (50-59°F).

